

HIGH POINT FALL NEWS

September 8, 2023

Events Calendar

SEPT. 4 th Labor Day Bring lunch and chill at the pool.

Sept. 5th Last day Tues. Pool exercise class.

SEPT. 12th – 14th Fall Exercise Classes start.12-week sessions.

SEPT. 17th Last day pool opened.

SEPT. 27th TED TALK 7pm in Building 500 Monte Carlo room.

SEPT. 30th WINE and CHEESE 7pm Clubhouse.

OCT. 12th DIGITAL LEGACY PRESENTATION 7pm Clubhouse.

OCT. 19th BINGO Night 7pm Clubhouse.

NOV. 14th JFK ASSASSINATION TALK in Building 300 Monte Carlo room

DEC. 9th Holiday Party. Details to follow.

Hello High Point Residents

Our summer season is sadly coming to an end. We have had great turnouts to our events, including our catered Lunch at the Pool and our Music Night at the Pool with DJ Rob, where we all were able to be together with our neighbors having a good time, sharing food and drinks and even dancing around the pool in a Conga line! Now this fall, we look forward to providing even more upcoming events for everyone to enjoy. Let's all give a big shout out to the members of the Social Committee for all their work. Thank you for all your support and participation!

Contact: Lucy Fisher at Lucy.diane.51@gmail.com Maddy Cancro at maddycancro@aol.com



Ted Talks

Our Ted Talks have turned out to be very popular and fill up fast. Look for the flyers for our next talk scheduled for Wed. Sept. 27th at 7pm in the 500 building Monte Carlo room. The topic will be "Why Having Fun is the Secret to a Healthier Life".

DIGITAL LEGACY PLAN

Do you have a Digital Legacy plan in place? Join us for a presentation on Thursday, October 12th at 7pm in the clubhouse. Learn how to prevent your online accounts and content from living on after your death and the best way to insure those accounts, photos and passwords are accessible to your executor and beneficiaries.

GOOD NEWS Playground

The playground equipment replacement parts have been ordered and the plastic toy kitchens have been removed. The exposed tree roots under the swings have been cut and safe ground cover for the area under the swings is under consideration for next year.

Mommy & Me

The Mommy & Me group is forming and already has 12 interested members. The group would like to get the High Point mothers and babies together to share and exchange helpful ideas and experiences. Anyone who is interested in joining can contact Arielle Brooke # 914-589-3619.

Let's share some good news. Submit announcements for publication here in our next issue to <u>Lucy.diane.51@gmail.com</u> or <u>maddycancro@aol.com</u>

SENIOR LAW DAY

A free program on September 28th 10am to 12:30pm in Ridge Road Park will be offered for seniors, including attorney advice and other professionals on aging alone, Westchester courts, social security and more. Free information and resources from Westchester government and nonprofit agencies. One-on-one consultations with attorneys, financial planners and care managers. Registration recommended. Call 914-813-6300.

BINGO

Get ready for some bingo games starting in the Clubhouse Thursday night, October 19th. Space is limited so don't forget to sign up quickly when the flyers are posted. Good Luck!

JFK ASSASSINATION DISCUSSION

November 22nd will mark the sixtieth anniversary of President John F. Kennedy. Numerous theories are still being offered by skeptics who dispel the FBI investigation and the Warren Commission findings. Could it have involved the CIA, the Mafia, President Lyndon B. Johnson, Cuba's Fidel Castro or the KBG? Join High Point resident, Mike Bonfiglio, on Tuesday, November 14 th in the 300 Monte Carlo room for a presentation of some theories with discussion to follow.