

SEPTEMBER - UPCOMING EVENTS!

Sept. 2nd Monday - Beach ball Volley Ball (HP style) 3:00 Pool

Sept. 6th Fridays *NEW* **YOGA** (see below) 11-12 300MC

Sept. 10th Tuesday Start of Fall Exercise Class 10:15-11 300MC
with Yvonne - filled to capacity

Sept. 16th Monday Social Committee Meeting 4:30 Club House

Sept. 19th Thursday Ted Talk -Dr. Anthony Orsini 7:00 500 MC
2021 - How the human connection improves health care

Sept. 23rd Monday **BOOK CLUB** 7:00 300 MC
Real Americans by Rachel Khong

Sept. 26th Thursday **BINGO** 7:00 Club House

IMPORTANT Pay/cancel by 9/25 *no refund day of event*

Yoga class every Friday Pay as you go - \$15.00 - per class

Social Committee High Point C.A.