



January 2025

January 7th & 9th Winter Exercise Class begins 10:15 300 MCR

Marilyn Siegel & Karen Rubin thanks for making this happen so seamlessly!

January 20th Monday SC Meeting 4:30 Club Hs

January 23rd Thursday BINGO 7pm Club Hs

January 27th Monday Book Club 7pm Club Hs

January 30th Thursday *Chinese New Year* 4:30pm Club Hs
4:30 – 6:30 Hosted by the Lee family!

Ted Talk will resume in February

Open Yoga Classes Friday's \$15.00 per class 11:00 300 MCR

Visit High Point Website: highpointofhartsdale.com

High Point of Hartsdale C.A.

(do not remove this notice)